

Question 2: Can they see their family?

Answer: Yes, but some prisoners can only see their family for 2 hours a month.

Question 3: What food would they miss?

Answer: Allow your child to answer with their own thoughts.

Notes: Prison food is very basic, no fast food, KFC, McDonalds etc – maybe google prison food images to give an example.

Question 4: What items would they miss? i.e. mobile phone, Xbox, TV?

Answer: Allow your child to answer with their own thoughts.

Notes: Prisoners are not allowed mobile phone. Prisoners are allowed a television, but they do not have many channels. All prisoners should be able to spend between 30 minutes and an hour outside in the open air each day. If you would like additional information about prisons please look at: <https://www.prisonersfamilies.org/prison/>

Who would you tell?

Question: If you were worried about something or saw something that made you worried who would you tell?

Answer: Allow your child to answer who they class as a trusted person, reassure them that they can come to you or their trusted adult if they are worried about anything. Remind them about the support then can access at school, their teachers and support staff. Remind them that it is much better to speak out then to worry.

If you have any concerns about your child and require additional support here is a list of organisations that can support you:

www.nspcc.org.uk – they offer support for parents and professionals.

www.childline.org.uk – they offer support for parents and professionals.

www.familylives.org.uk

http://www.knifecrimes.org/000904_KNIFE_A5_LEAFLET.pdf